

“Farm to Fork”

Spring Forum

March 1, 9:30–3pm

Milan School

408 So. 4th St. Milan , MN



Grab a friend and join us to make Local Food Contacts, Learn, Share and Experience the “WHY & HOW OF LOCAL FOODS”

Discover the “Nuts and Bolts” of Producing & Marketing your crops.

Find uses for locally grown foods in your kitchen.

Speakers, resources and events are planned for:

- » Producers of local food & food products
- » Farmer’s Markets
- » Institutional kitchens
- » Congregate meal site cooks
- » Restaurants
- » School dietary
- » Greenhouses

Sponsored by:
Countryside Public
Health &
Statewide Health
Improvement
Program (SHIP)

Breakfast & Lunch provided!

RSVP to: Wanda 320-843-4546

By FEB. 25th !

wness@countryside.co.swift.mn.us

*School Dietary Staff...
Come get materials &
ideas to start
Farm 2 School at
YOUR School!*

